

UU Plant-Based Eating Club - Code of Conduct

*** This was published in the Club's May 2024 newsletter ***.

RULES OF THE ROAD

As PBEC has become pretty large, with 100+ members, we thought it would be helpful to restate some of our operating principles.

1. USE OF CLUB'S EMAIL LIST

- Our email list is an open one, which means that anyone can email the entire list. We set it up that way intentionally, so that people can freely communicate with each other about topics relating to plant-based eating and thereby build community.
- People should use the email list only for that purpose, and not to discuss other topics.

2. POTLUCK TOPICS

- Likewise, people attend our events because they are interested in some aspect of plant-based eating. It is fine to discuss other topics in the context of getting to know each other, but please bear in mind that not everyone is going to agree on politics or other issues, and bringing up certain topics may make people uncomfortable.
- If you find yourself in a conversation and are not sure whether everyone is comfortable with the topic, please either steer it back to plant-based eating or seek out a PBEC Steering Committee member for guidance.

3. WELCOMING ATMOSPHERE

- Finally, this is not an all-vegan group and we welcome people to join us no matter what their dietary practices are, as long as they are interested in supporting other group members in their pursuit of a whole food, plant-based lifestyle and are considering it for themselves whether in whole or in part.
- That means that someone who still eats meat, but wants to eat less of it, is just as welcome and valued as a 100% plant-based eater.
- No group members should feel pressured to make changes that they are not ready for.
- This is a safe place to explore plant-based eating, with no expectations or guilt, and it benefits everyone to share the joys of plant-based eating widely.